



Your one
stop shop for
learning in
Drumheller!



Fall 2022

Activity guide



Drumheller Community
Learning Society
Learning for life



Drumheller Community Learning Society

Learning for life

Our Mission:

Drumheller Community Learning Society will provide and promote life-long opportunities to empower community members.

Our Goals:

- The Society shall work toward providing the best lifelong learning experiences for the citizens of Drumheller and Area.
- The Society shall promote lifelong learning needs in Drumheller and area.
- The Society shall assess the lifelong learning needs in Drumheller and area.
- The Society shall strive to help individuals with barriers to participate in learning opportunities.

The Drumheller Community Learning Society is one of over 80 Community Adult Learning Councils in Alberta who receive funding from Alberta Advanced Education & Technology, Community Programs Branch. Visit the Provincial website at www.calp.ca

Board Members

Tom Dooley - President - Private Member
Terry Beaupre - Vice President - Private Member
Lynda Collins - Campus Alberta Central
Coleen Gordon - Treasurer - Private Member
Becky Kowalchuk - Royal Tyrrell Museum
Bridget Unland - Private Member
Barb Murray - Private Member
Emily Hollingshead - Drumheller Library
Sagan Gordon - MH Enterprises
Kim Masson - Badlands Community Facility
M'Liss Edwards - Town of Drumheller
Stephanie Price - Town of Drumheller

Staff Members

Dana Davidson - Site Manager
Louise Henrickson - Family Literacy Lead
Debbie Anderson - Adult Literacy Lead
Ashley Marcotte - Administrative Assistant

Family Literacy Facilitators

Cindy Law
Lisa deLaforest

Registration can be made by Phone or In Person.

Methods of payment include: cash, debit, Visa, Mastercard Payment is due upon registration - you are not registered until we have received payment. A credit card can be used to reserve a spot.

Register early - If minimum registration is not reached, classes will be cancelled one to two weeks in advance. If a class is cancelled by the society - registrants will be notified by telephone/email and a full refund will be issued.

All student initiated cancellations need a **minimum of 7 days notice** or there will be a **35%** cancellation fee assessed. A late cancellation can result in a class not proceeding. Refunds will not be issued if student does not show up for the class.

Please note: instructors and course dates may be subject to change.

Visit our website: drumhellercommunitylearning.com

Office Hours & Contact

Monday: 9:00 AM- 4:30 PM

Box 419

Tuesday to Thursday : 9:00 AM – 9:30 PM

250 Centre Street

Friday: 9:00 AM – 12:00 PM

Drumheller, AB.

Closed July & August

T0J 0Y0



Follow us on Facebook
to stay updated on
upcoming classes!



Phone: 403-823-8300
Fax: 403-823-7083



Email us at:
drumfurthered@gmail.com

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on our very own
badlands.

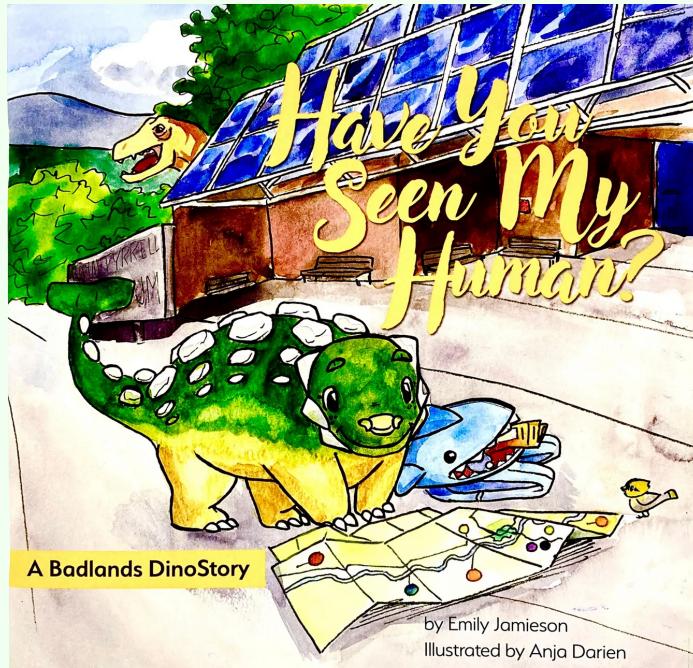
Grab your own Eugene stuffed
dinosaur and a copy of "Have
You Seen My Human" at the
Drumheller Community
Learning Society today!

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General Interest

Writing Seminar

Fee: \$222

Whether it's for journaling, to write poetry, or you are looking to explore the possibilities of becoming a published author, this seminar is for everyone. Silence the inner critic and step into authentic spaces of creativity and learning. The objective of this seminar is to explore writing. Becoming comfortable with your own expressive energy and style. Taking the opportunity to step out of comfort zones and release inhibitions about the process of writing. And maybe even discover the Mystic Within on the journey.

Instructor: Daniel O'Neill

Location: Drumheller Community Learning Society

Dates: September 28 & September 29, 2022

Time: 6:30 PM – 9:00 PM

Self-Publishing Seminar

Fee: \$222

Are you thinking about writing a book? Join local authors Lisa M. Sobry and Daniel K. O'Neill for an introduction into the self-publishing world. Whether you have an idea, have started or are almost finished writing a book, these two authors can guide you along your journey to self-publishing. Discover the A-to-Z process of publishing your way and meet your fears head on. Challenging and exiting, a great learning opportunity for the soon to be Published Author.

Instructor: Daniel O'Neill & Lisa M. Sobry

Location: Drumheller Community Learning Society

Dates: November 14, 2022

Time: 7:00PM – 9:00 PM

Daniel K. O'Neill

A published author of three books, "Nobody Can Take It Away From You," "Racing Death, A Radical Pursuit," and "Junk Yard Dog." Daniel has competed in Ironman Triathlons, Ultramarathons, Marathons, Ultra Swim Distance events, Trained in the Martial arts of Kung-Fu and Karate, and a few other amazing physical experiences. He was a Level II Forensic Collision Specialist, Incident Command System Level IV, Supervisor and performed many other specific job functions in his thirty-five year career. Energy is his passion. Helping individuals discover how to enhance, align, and create coherent energy in their environments and cultures is why he became a Life Force Energy and Rewilding Consultant.

Lisa Sobry

Lisa M. Sobry is a Canadian Author of seven books, with her latest endeavor being "Opening to Spirituality", a workbook based on Lisa's spiritual journey through a guide, meant to help readers learn how to heal past their own traumas in a safe practice set up as a daily routine. She is an Empowerment coach helping women find their personal power and write their stories.

General Interest

New Futures! Career Transition Workshop!

Free

If you are in a situation where you want or need to pursue a different career path, this free workshop could help you out. The Province of Alberta, in partnership with the Government of Canada, has developed a two week course offered a number of times a year. Week 1: full-time workshop, investigating a number of topics involved with job searching and change. Week 2: by appointment, one-on-one service to develop personal resume and develop a career action plan.

Instructor: Academic Express

Dates: September 19 – 30 • October 17-28 • November 14-25 • December 15 – 16

Location: Drumheller Community Learning Society
Materials are supplied.

*See our ad on page 08 for details

Boost Your Math Skills!

Free

Booklets are printed materials with four or more pages, containing details about a business, event, product, promotion, etc. They are also known as catalogs or pamphlets, and are usually created to communicate a message to a wide variety of audiences.

Available upon request. Call 403-823-8300 for more information.

Location: Drumheller Community Learning Society

Reading & Writing Workout!

Free

You can raise your reading and writing abilities to a higher level, with our one-on-one support. Whether you are getting ready for a GED Prep course or just want to improve reading and writing for everyday life or work, let us provide some help. We can focus on what you would like to learn - understanding directions or instructions, writing letters or emails, filling out forms and more. You can work at your own speed at a time that works for you.

Available upon request. Call 403-823-8300 for more information.

Location: Drumheller Community Learning Society

GED Preparation

Don't miss an opportunity to get some help in preparing to write your GED exams! This course is free if you qualify under the part-time studies program, including exam fees. Otherwise, there will be a low fee of \$100 plus the exam fees. This course will focus on Math, Social Studies, Science, Language Arts Reading and Language Arts Writing. This class includes:

- 100 hours of GED preparation instruction via videoconference from Academic Express.
- Books and calculator
- In-house assistance.

Instructor: Academic Express Adult Education & Training

Dates: October 4 - December 15 • Tuesdays, Wednesdays, Thursdays • 5:00pm - 8:00pm

Location: Drumheller Community Learning Society.
Free, including exam fees, with a Part-Time Studies Grant qualification or \$100 plus exam fees.

**Registration is open until October 4, 2022.*

Get Ready For The GED Prep!

Free

Preparing for the GED test can be a difficult challenge. Before you register for a GED Prep class, you may need to brush up on some basic math and language arts skills first. Volunteers and staff are available to help on an appointment basis to help you gain confidence before you take the next step and register for the actual GED Prep Class.

Available upon request. Call 403-823-8300 for more information.

Location: Drumheller Community Learning Society

International English Testing OR Canadian English Language Proficiency Index Program (CELPPIP)

Free

Participants will learn strategies to assist them in writing each section of the IELTS or CELPIP exam (reading, listening, writing and speaking). Participants will develop and practice language skills and focus on intensive test practice to become familiar with the format of the IELTS or CELPIP test.

Available upon request. Call 403-823-8300 for more information.

Location: Drumheller Community Learning Society.

General Interest

Let's Talk! (English as a Second Language)

\$45

Beginners to English can enroll in an Introductory Conversational Class that helps students increase their confidence and skill in the English language while meeting new people in a relaxed and social setting. Evenings will focus on real life situations such as conversations between a customer and store clerk, between a parent and a teacher, between a job applicant and employer, plus other life events including practicing reading and writing English.

Location: Drumheller Community Learning Society

Dates: Mondays, October 3 - November 21.

Time: 7:00PM - 8:30PM (8 classes total.)

Getting to "Know Canada" for the Canadian Citizenship Test!

\$96

Do you want to know more about Canada? Do you want to practice your English while learning about your new country? Are you preparing to take the Canadian Citizenship Test? This course is for you. The course covers all the information found in the official Citizenship test study guide, "Discover Canada," but we will be using a new workbook written especially for you. The course will be helpful for those studying for the test but also includes an opportunity to read and write in English and to learn more about Canada.

Instructor: Sheena Ross

Available upon request. Call to 403-823-8300 to arrange an appointment.

Location: Drumheller Community Learning Society



New to Canada? Check this out!



New Settlement Services in Drumheller and Area

Welcome Newcomers to our community of Drumheller and surrounding areas. I am excited to announce a new settlement service to Drumheller and area, supported by a team of settlement counsellors at Brooks & County Immigration Services (BCIS).

Our Settlement services are here to better serve our growing newcomer population by:

- Providing information to help support you and your family with adjusting and living in our community, life in Canada, enrolling in school, learning a new language, new customs and a new culture.
- Assisting or guiding you to complete documents and or paperwork you may not be familiar with at this time.
- Assisting you to find housing, schools for your children, family doctor, employment information, as well as other family support.
- Providing access to online to webinars and workshops that can help you transition to your new community.

I look forward to serving you, and the community by bringing long term connections to new families to service providers in our area.

**Kimberlee Groves / Settlement Counselor - Drumheller / BCIS Brooks & County Immigration Services (BCIS) Phone: 403-823-8300 Direct Line: 403 978 9100 250 Centre St - Campus Alberta Building
Mailing address: Box 419 | Drumheller Alberta T0J0Y0
www.ccis-calgary.ab.ca | E-mail: kimberlee.groves@bcis-brooks.ca**

For all course registrations and inquiries call 403-823-8300. Classes fill up fast or may be cancelled if the

minimum registration is not met so reserve your spot ASAP!

General Interest

Spanish for Beginners! (6 classes)

\$120

Have you wanted to learn another language? Or maybe you're travelling in the near future and wanted to brush up on your Spanish. Either way, join us for an introduction to Spanish that is perfect for beginners!

Instructor: Sofia Mancini

Location: Drumheller Community Learning Society

Dates: October 4, October 6, October 11, October 13, October 19, & October 26.

Time: 7:00PM - 8:30PM



Decoupage for Beginners (4 classes)

\$120

Decoupage is a simple, fun and stress free art.

Learn to make cute, fun and beautiful pieces of art to decorate your home indoors and outdoors.

You can also use Decoupage to create gifts for family and friends that they will love. Once you try this form of art you will be truly addicted!

In this Class, you will learn tools and supplies needed. You will be taught simple easy to follow technics using Paper Napkins, Acrylic Paints, PVA(glues), Varnishes and more to create pretty pieces of art.

Each weeks goal is to introduce a new Project that can easily completed at home or you can bring back and work on it in the next class. Theme of art will depend on you, I will have more Christmas themed items, but you can also make Summer, Spring or fall items in this class.

Required materials students will need to bring:

- 1 - Fine Tip
- 1 - 1" or min 3/4" flat type
- 1 - Reg type paint type brush about 1-1.5" wide
- 8 Oz Mod Podge Matt Yellow Container or Gloss Reddish Container. What you choose depends on what finish look you like. You can always do a clear coat with a gloss finish if you buy Matt Mod Podge.
- Small and medium scissors
- Small to Medium sized plastic container (e.g. Sour Cream container)
- Small glass jar (e.g. Jam jar)
- Future materials may be required but will be discussed in future classes. Feel free to bring additional brushes or materials you think you may use.

Instructor: Marion Poulson

Location: Drumheller Community Learning Society

Dates: October 20, October 27, November 3, November 17

Time: 7:00 PM - 9:00 PM

For all course registrations and inquiries call 403-823-8300. Classes fill up fast or may be cancelled if the minimum registration is not met so reserve your spot ASAP!



FREE



New Futures

Career Transition Workshop

- ✓ Resume and cover letter development
- ✓ Networking and interview skills
- ✓ Managing change and job loss

- ✓ Social media and job search
- ✓ One-on-one career services

Session Dates 2022	Day	Morning	Afternoon
September 19-30	1	Orientation, Current Job Market, Impact of Job Loss and Grief, Stress Management	Building Resiliency, Actions to Move Forward
October 17-28	2	Change Management	Change Management
November 14-25	3	Career Planning, Researching & Identifying Career Markets and Opportunities, Identifying Transferable Skills, Job Search Skills	Resume Development, Cover Letter, Positioning Statement
December 5-16	4	Social Media Marketing	Interviewing Skills, Networking and Social Connectivity
Keep an eye out for our Winter guide for the New Futures 2023 dates!	5	Priorities and Goal Setting, Positive Thinking and Self Confidence, Interview and Networking Skills (part 2)	Preparation for Week Two: Career Action Plan (CAP)

Enroll for all 5 days or just the days that work for you. Take the course as many times as you wish in order to get all 5 days.

Call today to hold your seat! **403-823-8300**

Health & Lifestyle



Self-Acceptance Workshop

\$123

Let's move from self improvement to self acceptance. If you are ready to stop letting your accomplishments, your waist size, and your past failures determine your worth, this workshop is for you. You will learn how to love and accept exactly who you are, as you are.

Instructor: Kae-Lynn Sorenson

Location: Drumheller Community Learning Society

Dates: Wednesday, November 9, 2022.

Time: 6:30PM-7:30PM

Check Yo'Self Before You Wreck Yo'self

\$123

Let's move from self improvement to self acceptance. If you are ready to stop letting your accomplishments, your waist size, and your past failures determine your worth, this workshop is for you. You will learn how to love and accept exactly who you are, as you are.

Instructor: Kae-Lynn Sorenson

Location: Drumheller Community Learning Society

Dates: Wednesday, November 9, 2022.

Time: 8:00PM-9:00PM

Kae-Lynn Sorenson

Kae-Lynn is a Certified Life Coach and a perfectly imperfect human sharing her education and life experience. She created Triple R Coaching to walk alongside individuals as they REFLECT on what's holding them back, RELEASE their limiting beliefs, and RISE to an authentic and fulfilling life.

Life Force Energy & Rewilding

\$111

The energy of the Universe is never greater than or less than when it was created. Your energy is the same.

Each of us is the creator of our lives. We have the capacity and the possibility to be anything that we want. We have the capacity and ability to achieve all our desires and goals. You are a sacred being who deserves to live the life of your dreams.

Learn the Principles of Life Force Energy and Rewilding to reclaim, and reawaken the healthy, aligned, coherent energy you came here to be, and to share. Discover the difference between inspired action and action. Begin to accelerate energy through focus and discipline.

Living Lit and Giant through inner alchemy is fun to explore through an exuberant heart.

Instructor: Daniel O'Neill

Location: Drumheller Community Learning Society

Dates: Tuesday, October 18, 2022.

Time: 7:00PM - 9:00PM



Campus Alberta Central

For more information,

please contact:

**Drumheller Learning
Centre**

403-823-8300

connect@

campusalbertacentral.com

GET YOUR POST-SECONDARY EDUCATION IN YOUR OWN COMMUNITY!

campusalbertacentral.com

RED DEER POLYTECHNIC PROGRAMS

Online Delivery with Local Support

- Administrative Professional Certificate
- Business Certificate
- Business Administration Diploma
- Human Resources Management Graduate Certificate
- Early Learning & Child Care Certificate
- Early Learning & Child Care Diploma
- Educational Assistant Certificate
- Pre-Health Sciences Certificate
- University Transfer Courses

Extended Education Online Programs

- Certificate in Cybersecurity
- Certificate in Digital Marketing
- Certificate in Leadership for Women in Business
- Medical Office Assistant Certificate
- Unit Clerk and Dental Office Specialty Certifications (with successful completion of the Medical Office Assistant program)
- Accounting Technician Certificate
- Activity Coordinator Certificate (Alberta Seniors & Community Housing Association)
- Site Manager Certificate (Alberta Seniors & Community Housing Association)
- Management Skills for Supervisors Certificate
- Management Skills for Commercial Kitchens Certificate

OLDS COLLEGE PROGRAMS

Online Delivery with Local Support

- Veterinary Medical Receptionist
- Agribusiness Finance
- Beef Production Certificate
- Cannabis Production Program
- Introduction to Brewing Certificate
- Pre-Apprenticeship Exam Traininge

COMMUNITY PROGRAMS

Check the website for start dates and locations

- Practical Nurse Diploma
- Health Care Aide Certificate

IN PARTNERSHIP



Coming Fall 2023 to Drumheller

**Learn in
your Own
Community**

Practical Nurse Diploma

Red Deer Polytechnic's Practical Nurse Diploma program prepares students to be a part of a healthcare team in a variety of different settings, providing high level front-line care to clients in need of assistance.

- Develop knowledge and skill in clinical and simulation labs
- Learn with students from other health science programs
- Receive exceptional instruction from professional faculty and staff
- Gain necessary health assessment and critical thinking skills
- Develop communication and self-reflection skills
- Be well prepared for LPN practice

Learn in your Own Community



Applications Open October 2022!

For more information:

Drumheller Learning Centre

403-823-8300

or

connect@campusalbertacentral.com



**Red Deer
Polytechnic**

**Watch for
upcoming
information
sessions!**



2022-2023

Building Better Businesses Certificate

This exciting new learning opportunity for rural and remote Central Alberta women will help you to establish or refresh your business skills so that you can move forward to re-enter employment within your community. This opportunity has been funded by the Women's Economic Recovery Challenge Grant.

- Join your class online or in-person during scheduled class hours from your community
- Grow your skills in Microsoft Windows, Word, and Excel
- Develop customer service skills
- Enhance your communication and conflict resolution abilities
- Learn to use social media to market and grow your business

This is a fully funded program!



**Red Deer
Polytechnic**

**FOR MORE INFORMATION CONTACT
DANA DAVIDSON, LEARNING SITE MANAGER**

Drumheller Community Learning Society
(403) 823-8300
info@drumhellercommunitylearning.com



Health & Lifestyle

Power of Four

Free

Our program will help you be more aware of the skills and strategies that help your child be ready for kindergarten. Through the use of award-winning children's books, hands-on activities and discussion, you will have a better understanding of the skills essential to a successful start to school. In the Power of Four, parents will discover a delightful new way to take a book walk, learn the alphabet, enjoy play-based fine and gross motor skills and much more.

Instructor: Cindy Law

Location: Drumheller Community Learning Society

Phone: 403-823-8300

Dates: Monday mornings. 9:30 AM-11:30 AM (With Childcare)

Homework Help & Learning Styles

\$20

Parents, are you frustrated with your child's homework, would you like to brush up on your skills, concepts, strategies, educational games and more? Do you have a child in kindergarten to grade six? Would you like to be more involved and supportive? Join us for a 6-week refresher.

Instructor: Louise Henrickson

Location: Drumheller Community Learning

Date: TBD

•Time: 6:00pm - 7:30pm (6 classes)



Parenting Children with Learning Disabilities

Free

Does your child struggle with reading, writing, or spelling? Is your child easily frustrated about reading at home or doing homework? Does your child not like going to school? Do you feel like you are all alone as a parent trying to help your struggling child?

Join us for a free workshop designed to answer your questions about your child's learning struggles. We will discuss diagnosable learning disabilities in reading, writing, and math (dyslexia, dysgraphia, and dyscalculia).

You will learn why learning is difficult for your child and how to advocate for your child. You will discover how to build your child's confidence and how to help your child transition through elementary, junior, and senior high school. Most importantly you will learn ways you can help your child succeed in school and in life.

Instructor: Cindy Law

Drumheller Community Learning Society

Dates: September 27

Time: 6:30PM-8:30PM

Family Mindfulness & Wellness

\$50

This parent and child workshop is the beginning of a new journey. Exposing your child to practical techniques will help them to cope better and grow into living healthier lives. Possible side effects include improved relationships with family members, a better sense of self-esteem, the ability to make healthier choices. You will leave with knowledge of basic breathing techniques, meditation, mindfulness and tools for finding what works for you and your child. A child must be accompanied by an adult and be at least seven years old. Please wear comfortable clothing, and bring a water bottle.

Instructor: Louise Henrickson

Location: Drumheller Community Learning Society

Date: Saturday, November 26.

•Time: 9:30 AM - 11:30 AM

For all course registrations and inquiries call 403-823-8300. Classes fill up fast or may be cancelled if the

minimum registration is not met so reserve your spot ASAP!

Health & Lifestyle



Usui Reiki Level 1

\$150

This spiritually guided healing energy is an ancient sacred healing art. When applied for the purposes of healing, it assists the body, mind and spirit to heal. Reiki is both powerful and gentle. It is a basic technique easily learned by anyone. This is the foundational certification class needed to become a Reiki practitioner. Learn about Usui Reiki, the protocol and procedures for a Reiki treatment for yourself, family and friends. Lecture, initiation and practice are included on this day. Please bring a lunch and wear comfortable clothes.

Instructor: Louise Henrickson

Location: Drumheller Community Learning Society

Dates Saturday, October 29

Time: 9:30am – 4:00pm (1 class)

Meditation For Beginners

\$60

We live in a world of chaos, learn meditation techniques to get to know yourself better, create inner stillness, love and wellbeing. Bringing stillness and mindfulness into your life has many positive benefits. Come start on a new journey and put into practice different techniques to bring more harmony, joy and balance into your life. Please wear comfortable clothes and bring a water bottle.

Instructor: Louise Henrickson

Location: Drumheller Community Learning Society

Dates: November 7, November 17, & November 21

Time: 6:30pm – 8:00pm (3 classes)



Make and Take Essential Oils

\$85

Learn to make your own blends for specific health situations, using top grade essential oils! Modern trends toward more holistic approaches to self-care and growing scientific validation of alternative health practices are driving a rediscovery of the profound health benefits of essential oils. We'll cover the basics of essential oils and how they can be used in everyday life. You will get to make two of your own blends to start using right away following specific recipes, all product will be provided. You will leave this workshop with a booklet of foundational information, more recipes, education, and knowledge that will get you started on your own healthy lifestyle journey!

Instructor: Louise Henrickson

Location: Drumheller Community Learning Society

Dates: Tuesday, November 1

Time: 6:30 PM to 8:30 PM

Intimacy 101 (18+)

\$50

Do you want to be more in tuned with your sensual side? Or maybe you're intimidated by intimacy in our new, modern world of blurred lines and mixed signals. Whatever your needs are, this is the class for you! Angel Rowe, a licensed sexologist, teaches how to interpret consent, respect boundaries, have open & honest intimate communication, and much more!

Instructor: Angel Rowe

Location: Drumheller Community Learning Society

Dates: Wednesday, October 12 2022.

Time: 7:00PM – 9:00PM

For all course registrations and inquiries call 403-823-8300. Classes fill up fast or may be cancelled if the minimum registration is not met so reserve your spot ASAP!

Drumheller Family Literacy

Join us to
Learn, Play, &
Have Fun for
the whole
family!



A simple gift...
To learn, laugh,
play, & grow
together.

It's not always easy being a parent.
Often you're tired and have too much to do.
When you join us, we can help out so you can take a break!

Play is the "work of children". Parents are an essential "play partner" for their children. When parents play with their kids, they learn to explore and discover the world and their role in it. Come play with us!

We can teach you songs and comfort strategies for when your child is in need! Responding quickly in ways that show your child they can depend on you will give your child the simple gift of confidence. This gift will make a huge difference for the rest of their life.

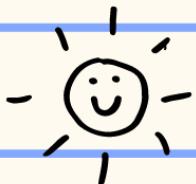
Call Louise to register or ask for more details. Locations will vary.

403-823-8300

Ext. 104

HOMEWORK

HELP!



Does your homework
look like this?

$$2x + 4y = 0$$

$$x + y = 0$$

HUH?

Maybe you should
try...



You don't need to
struggle alone!

We offer one-on-one tutoring to help you with all your learning needs.

Call Louise for details:

403-823-8300
Ext. 104

Get Ready For Kindergarten with the Power Of 4

Did you know that there are certain skills your child should develop by the age of 4 before entering kindergarten?

Come join us for our exciting 6 week program that will model for the parents how they can prepare their child for Kindergarten and into formal education!

Your child will find their super powers of 4 in no time!

For more details call Louise at
403-823-8300 Ext. 104



Understanding Finances



Marketing basics

Free

Marketing Basics Free Sometimes marketing means the simple act of selling, but for small businesses and entrepreneurs, it can be much more. This two-hour workshop will help you:

- Define your market
- Know the different kinds of marketing and ways to use them
- Learn effective ways to communicate with your customer
- Recognize common marketing mistakes
- Develop an effective marketing plan.

Instructor: Michael Love

Contact Michael at mj.love@cfbigcountry.ca or 403-823-7703

Entrepreneurship First Steps

Free

Entrepreneurship First Steps Free An engaging look at starting your own business and working for yourself. Whether you already have a business idea or just want to consider the alternatives, this two-hour workshop will help you decide whether entrepreneurship is right for you. Meet other entrepreneurs and learn about planning tools such as the Business Model Canvas.

Instructor: Michael Love

Contact Michael at mj.love@cfbigcountry.ca or 403-823-7703

Michael Love

Michael Love grew up in Calgary, has lived in Victoria, BC and Rosebud, Alberta and worked in Vancouver, Brooks and Drumheller. Through a long history of self-employment, Michael has worked with small businesses and non-profit organizations to achieve their communication and marketing goals. He currently works as a business advisor/coach for Community Futures Big Country in Drumheller and has a passionate interest in education and community development.

Understanding Finances

Joan Sztym

Certified Financial Educator

Joan did her schooling in Hanna. She has been working in the financial industry for the past 18 years, 10 years in Edmonton where she expanded and built her career. Currently residing in Sylvan Lake, she enjoys helping to educate families on financial concepts and strategies to help them reach their financial goals in life.

Registered Disability Savings Plans (RDSP) & Registered Education Savings Plans (RESP)

FREE

RDSP

Learn all about:

- How to build financial security for Canadians with disabilities
- Why RDSPs are the best way to save
- Who qualifies for an RDSP?
- Take advantage of Government help
- And Much More!

RESP

Learn all about:

- How to plan for your children's future
- RESP benefits
- Government grants
- Tax advantages
- And Much More!

Instructor: Joan Sztym, Certified Financial Educator

Date: **Available upon request.** Call for more information or to book an appointment.

Location: Drumheller Community Learning Society



For all course registrations and inquiries call 403-823-8300. Classes fill up fast or may be cancelled if the minimum registration is not met so reserve your spot ASAP!

Computers

We are offering tutorials for all your computer needs. See our list below of topics and some suggestions. Tutorials are tailored to fit your need, time, and number of sessions. Parties will be put in contact with an instructor and arrangements made to meet.

Fee: \$40/hour

Laptops may be supplied during the tutoring session if required, otherwise, please bring your own device.

Amanda Brown

Amanda Brown has worked as an educator for the past 14 years in various organizations, including museums, zoos, conservation, organizations, historic sites, provincial parks, and animal shelters. She recently delved into the world of social media management after completing an internship in Indonesia, and has been managing small businesses and large-scale social media platforms since 2018. She is excited to bring her expertise and passions to a local Drumheller audience in order to help inform and assist the community about the benefits of social media.

Tye Patterson

Tye Patterson has a BA from University of Calgary, in Archaeology. Computers are a necessary force in modern archaeology and analytics. He embraced his as he always loved technology and made use of it. His first computer was a \$5 DOS machine with Windows 3.1. He burnt it out. He has never looked back.

Mastering your computer
can be as easy as a
click of a mouse!



Computer Basics

Just like most print publications, the key to creating an effective booklet lies in curation. Consistency in branding is important for businesses, but good design also applies to personal or event booklets. Make sure you have clear, accurate information on each page. Choose compelling photos, fonts, and images.

Web Searching and Email 101

Just like most print publications, the key to creating an effective booklet lies in curation. Consistency in branding is important for businesses, but good design also applies to personal or event booklets. Make sure you have clear, accurate information on each page. Choose compelling photos, fonts, and images.

Social Media Marketing Basics

Booklets are printed materials with four or more pages, containing details about a business, event, product, promotion, etc. They are also known as catalogs or pamphlets, and are usually created to communicate a message to a wide variety of audiences.

Computers

Social Media Demystified

Do your friends hound you to get onto Facebook? Has your family been sharing recent photos on Instagram? Do you feel left out of conversations because you haven't joined a social media network? Not to worry, it's easier to join than you think!

In this session, we will be introducing you to the different social media platforms including Facebook, Instagram, Twitter, YouTube, LinkedIn, and Pinterest. We will explore the terminology (e.g. hashtags, clickbait, DMs, etc.). Once we've covered the basics, we will delve deeper to find out which platform(s) make the most sense for you.

What are you waiting for? The future is here, it's time to find out what it's all about!

Microsoft Excel Basics

Excel Basics is a session focused on those beginning to work with Excel or those with no experience in the use of spreadsheets. The session covers how to create and edit basic worksheets and workbooks. This introductory session is designed for students who want to gain the necessary skills to create, edit, format, and print basic Microsoft Excel 2016 worksheets.



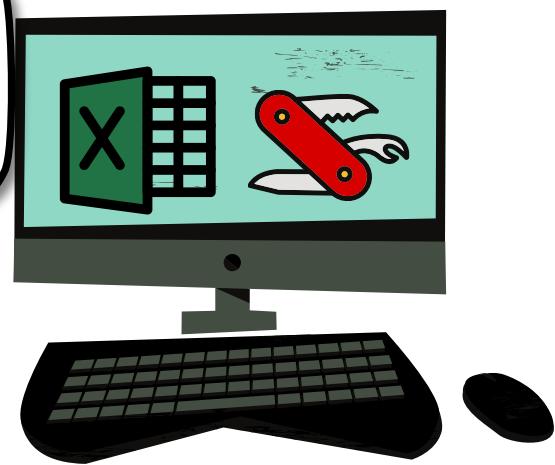
Microsoft Excel Level 1

Microsoft Excel is a spreadsheet program that allows you to produce tables of numbers and perform calculations on these tables. It also provides charting and database capabilities. This project-based session explains how to enter text, numbers and formulas into the spreadsheets. You will learn how to create graphs, and create and print out spreadsheets. Previous computer experience is necessary.

Microsoft Excel Level 2

If you are already an Excel user who currently uses the program, but want to improve the appearance and functionality of spreadsheets and workbooks. Learn how to work with multiple worksheets, create formulas, search and find specific data, use advanced functions (Sumif, Countif, Averagif, etc.), advanced printing options, filtering lists, protecting data, and using templates. Pre-requisite Excel Level 1.

Microsoft Excel is like the Swiss Army Knife of computers! Once you get the hang of it, you'll be amazed by its possibilities!



Computers

Microsoft Powerpoint

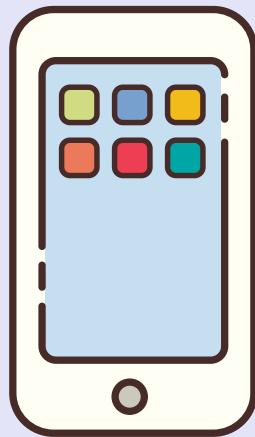
PowerPoint is a program used for presenting or printing information in an aesthetically pleasing way. Learn how to create presentations, add animations and sounds, automatic control of timing, use built in content, create and store content, insert hyperlinks, create photobooks, and use advanced printing options. Previous computer experience is necessary

Microsoft Word Basics

Discover the features in Word that enable you to create basic documents such as letters, posters or invitations. You can work on: saving, opening and printing documents; using tabs and indents; and working with tables and more. Previous computer experience in a Windows environment is desirable.

Microsoft Publisher

Explore the uses of Microsoft Publisher so that you can design basic publications. You can easily create, customize and publish materials such as MENU's, newsletters, brochures, flyers, catalogs, and Web sites. You can learn basic design principles to help your designs communicate effectively.



Get to Know Your iPhone or iPad

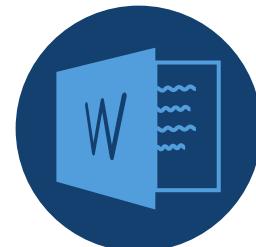
Get to know how to use the stock applications and some of the best ones you can download for free.

- Multi-function of the home and power buttons
- Kill applications (to save battery)
- Search
- Folders, Drop Down Menu
- Change settings for apps
- Change background
- Set up email
- iTunes, loading music and pictures

Get to Know Your Android

• Get to know how to use the stock applications and some of the best ones you can download for free.

- Different form factors such as a tablet vs phone
- Kill applications (to save battery)
- Search
- Folders, Drop Down Menu
- Change settings for apps
- Change background
- Set up email



For all course registrations and inquiries call 403-823-8300. Classes fill up fast or may be cancelled if the minimum registration is not met so reserve your spot ASAP!

Cottonwood Clayworks Studio

Bird or Owl Mosaic Class

Fee: \$60 - all supplies included.

For children aged **9-12 years old.**

This is a great opportunity to create a work of art in a positive and fun atmosphere. There will be a variety of bird or owl shapes to pick from, as well as a rich assortment of coloured and patterned broken dishes and tiles to create a unique work of art. The participants will learn basic mosaic and design techniques and complete a beautiful work of art to take home and hang on their wall.

Instructor: Yvonne Markotic

Location: Cottonwood Clay Studio at the Badlands Community Facility

Date: Tuesday, October 11 & October 18, 2022.

Time: 6:30 PM – 8:30 PM

Doily Dishes Clay Class

Fee: \$60 - all supplies included.

For children aged **9-13 years old**

Make a personalized Christmas gift for someone you love! Roll out some porcelain clay and create a dish. Impress it with a beautiful pattern and after it is bisque fired you can experiment with glazes to make your work of art come alive with colour!

Instructor: Yvonne Markotic

Location: Cottonwood Clay Studio at the Badlands Community Facility

Date: Tuesday, November 1 & November 8. 2022.

Time: 6:30 PM – 8:30 PM



Children's Christmas Tree Decoration Class

Fee: \$80 - all supplies included.

For children aged **9-13 years old.**

The children will make their own personalized ceramic Christmas tree ornaments by impressing decorative designs into porcelain clay and cutting them into Christmas themed shapes. Then, they will glaze their pieces with beautiful colours and the ornaments will be fired in the kiln, ready to be given as gifts or to hang on the tree. Date and names of the person the decoration is for can be added. All made with love for...

Instructor: Riamona Timar & Yvonne Markotic

Location: Cottonwood Clay Studio at the Badlands Community Facility

Date: Tuesday, November 22, November 29, & December 6th 2022.

Time: 6:30 PM – 8:30 PM



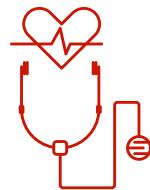
For all Cottonwood Clayworks Studio class registrations, call Drumheller Community Learning Society at **403-823-8300**.

For more class info, call Yvonne at [403-820-4406](tel:403-820-4406).

Classes are on a first come first serve basis.



CERTIFICATION & SAFETY



Standard First Aid Level C with AED

Fee: \$150

This comprehensive first aid course will provide participants with fundamental skills and knowledge that will assist you in any emergency situation. Course includes adult CPR, choking, artificial respiration, bleeding and fractures. This course is a must for those working with children, students or the elderly. This is the certificate course that is required for employment purposes. AED training (defibrillator) included in course. Certificate awarded upon completion. **This is a blended course. Participants will need to complete an online portion of training prior to the one day on-site skills training. Once the online portion is completed, students will print a badge to bring to the skills practice. Instructions will be given upon registration.**

One Day Skills Training, students must bring their online badge printout.

Instructor: Wendy Cuncannon - Wilcan Safety
Location: Drumheller Community Learning Society
Online portion instructions given upon registration.
Fee \$25 payable to St. John Ambulance.
Dates: Saturday, November 5th
Time: 8:00 AM - 4:00 PM

First Aid Recertification

Fee: \$150

This 1-day recertification is a challenge of the St. John's Ambulance's Standard First Aid course content and requires the student to demonstrate essential skills as well as pass the theoretical exam. The recertification is intended for those who are able to demonstrate their competency in all required skill areas. Upon successful completion of the practical skills evaluation and written exam, a Standard First Aid Certificate will be issued. The Certificate is valid for three (3) years. Recertification is NOW available every 3 years.

Instructor: Wendy Cuncannon
Call for more information.

Mental Health First Aid

Fee: \$150

Mental Health First Aid is the help provided to a person developing a mental health problem, experiencing the worsening of an existing mental health problem or in a mental health crisis. Just like physical first aid is provided until medical treatment can be obtained, MHFA is given until appropriate support is found or until the crisis is resolved."

Instructor: Noah Boakye-Yiadom

Location: Drumheller Community Learning Society.

Dates: Wed, November 23 & Thurs, November 24

Time: 8:00AM - 4:30 PM



Heart & Stroke BLS Course

Fee: \$ 95

Basic Life Support (BLS) is the foundation for saving lives. It is designed for healthcare providers and trained first responders who provide care to patients in a wide variety of settings or by those in a healthcare training program.

Features:

- Reflects science of the most recent Guidelines Update for CPR and ECC
- Hands-on class format reinforces skills proficiency
- Emphasis on high-quality CPR including team dynamics
- Video-based course with real world scenarios
- High-quality CPR for adults, children, and infants
- Chain of Survival
- Use of an automated external defibrillator (AED)
- Ventilations using a barrier device and bag-valve-mask
- Multi-rescuer resuscitation
- Team Dynamics
- Relief of foreign-body airway obstruction (choking) for adults, children, and infants

Instructor: Wendy Cuncannon.

Dates: TBA. Call for more information.



CERTIFICATION & SAFETY



Canadian Firearms Safety Course

Fee: \$135/course

Learn to make your own blends for specific health situations, using top grade essential oils! Modern trends toward more holistic approaches to self-care and growing scientific validation of alternative health practices are driving a rediscovery of the profound health benefits of essential oils. We'll cover the basics of essential oils and how they can be used in everyday life. You will get to make two of your own blends to start using right away following specific recipes, all product will be provided. You will leave this workshop with a booklet of foundational information, more recipes, education, and knowledge that will get you started on your own healthy lifestyle journey!

Instructor: Larry Coney

Location: Drumheller Community Learning Society

Non-Restricted: Sat • October 15

• 8:00am - 5:00pm (1 class)

Restricted: Sun • October 16

• 8:00am - 5:00pm (1 class)

Pro Serve Liquor Staff Training

Visit www.proserve.aglc.ca Course Fee is payable online

Air Breaks Endorsement

Offered through Olds College at Olds Campus. 4500 - 50th St, Olds, Alberta, T4H 1R6.

To Register: call 1-800-661-6537

*Manual included in registration fee

For further info:
<https://www.oldscollage.ca/programs/continuingeducation/trades/air-brake-endorsement/index.html>

Alberta Basic Security Training Certificate

Fee: \$150

For more information go to:
www.columbia.ab.ca/programs-courses/professional-programs/alberta-basic-security-training/

To register go to
<https://securitytrainingnow.com>

Instructor: Online with Exam in Drumheller
Drumheller Community Learning - 250 Centre Street By Appointment Course Fee is payable online.

Exam Proctor Fee: \$30 payable to Drumheller Community Learning Society

For all course registrations and inquiries call 403-823-8300. Classes fill up fast or may be cancelled if the minimum registration is not met so reserve your spot ASAP!

Alberta Healthy Living Program

Free educational workshops available in your community!

Community Workshops	Description
Better Choices, Better Health	A series of self-management workshops designed to help people gain confidence and develop skills to manage the physical and emotional challenges of living with a long-term health condition.
Managing Emotional Eating	A series of workshops exploring why we eat the way we do and the factors that could be triggering food cravings.
Diabetes the Basics	Anyone with pre-diabetes or Type 2 diabetes, whether newly diagnosed or wanting a refresher, anyone at risk of developing diabetes and any support person.
Heart Wise - Managing Blood Pressure & Cholesterol	A four-part workshop that provides information about blood pressure, cholesterol, and making healthy choices to support heart health.
Lifestyle Series	We offer a variety of interactive classes on several topics. These classes include Minding Stress, Moving Matters, Sleep Well, Nutrition: 4 P's for Meal planning, Eating away from home & special occasions, nutrition labels; reading between the lines, and staying strong and healthy as we age.
Adult Weight Management Workshops	Anyone who would like to learn more about the benefits of maintaining a healthy weight and how to build a plan to reach weight loss goals.



Erica Laycock

BKin, Chronic Condition Client Health Educator

Alberta Healthy Living Program, Central Zone, Alberta Health Services, Drumheller Health Centre

351 9th St, NW, Drumheller AB, T0J 0Y1

Email: erica.laycock@ahs.ca

Phone: 403-334-1687

DIDN'T FINISH HIGH SCHOOL?
NOT SURE HOW TO MOVE FORWARD?
A GED MIGHT BE A GOOD FIT FOR YOU!

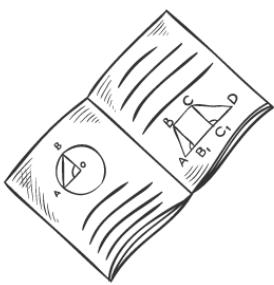


GED PREPARATION PROGRAM!

WHAT IS A GED?



GED STANDS FOR "GENERAL EDUCATIONAL DEVELOPMENT" AND IS THE EQUIVILENT TO A HIGH SCHOOL DIPLOMA.



WHO IS ELIGIBLE?

ALL ALBERTANS WHO ARE 18 OR OLDER!



WHERE?

DRUMHELLER COMMUNITY LEARNING SOCIETY

WHEN?

TUESDAYS, WEDNESDAYS, & THURSDAYS



OCTOBER 4 - | 5:00 PM -
DECEMBER 15 | 8:00 PM



COST?

\$100 PLUS EXAM FEES
OR

FREE WITH FUNDING FROM THE GOVERNMENT
OF ALBERTA FOR THOSE WHO QUALIFY!



WHAT IS INCLUDED?

TEXTBOOKS, TUTORING, CALCULATORS, & 100
HOURS WORTH OF EXAM PREPARATION!

WINTER SESSION BEGINS JANUARY 2023!

INSTRUCTION PROVIDED BY WWW.ACADEMICEXPRESS.COM
FOR MORE INFORMATION OR TO REGISTER CALL OR EMAIL:

403-823-8300

drumfurthered@gmail.com

Reduce Stress & Restore Hope

EVERYONE HAS THE CAPACITY TO HEAL & UNDERSTAND THEMSELVES.

Mind-Body Skills Groups

Mind-Body Skills Groups are educational, grounded in self-reflection and designed to support people in developing coping skills that enhance well-being and increase self-awareness. You will explore evidence-based skills to help lower level of stress, improve mood, enhance resiliency and optimism, and help prevent chronic health conditions. Skills include movement, meditation, self-expression, breath work, & biofeedback. They can be easily integrated into your daily life, enabling you to deal more successfully with stress, all with the support and guidance of a Facilitator who is an equal participant in the group.

Mind-Body Skills Group FAQ

Q: How are Mind-Body Skills Groups designed to support me?

A: Groups emphasize a sense of community. This group is not a lecture, or open/drop-in group. They are small, with 8-10 people, who meet once a week on a set day and time for 11 sessions, with each group lasting 2-hours.

Q: Are Mind-Body Skills Group a form of group therapy?

A: No. Groups are designed to be practical and grounded in your daily life. By sharing and connecting with others, a wonderful learning and growth environment is created that supports individual and collective well-being.

Q: Who are Mind-Body Skills for?

A: Everyone can benefit from a Mind-Body Group. We bring together people of all ages and backgrounds and with a variety of concerns or goals. Everyone who joins should be committed to undertaking a journey - the process of understanding and promoting an innate sense of well-being.

Q: How do I register, and what is the investment?

If you are an organization with 8-10 people, the investment is \$588/person + GST

If you have less than 8 people interested, contact me to discuss options.

Interested in a half-day introductory workshop? That's possible too.





Boost Your Business

Marketing Workshops for Success



Travel Drumheller is introducing a new series of workshops, *Boost Your Business*. These workshops are meant to support local businesses in expanding their marketing skills and understanding to enhance their operations and exceed customer expectations. Below is a list of topics currently scheduled.

Wednesday, September 14

Marketing 101

Take advantage of free marketing tools at your fingertips. Learn about some basic marketing tactics you can use to boost your business and how to measure this success. Tools explored include ATIS, Google My Business, and more.

Stretch Your Season

This workshop provides an opportunity to meet with like-minded businesses to discuss successes, failures, and new opportunities to increase revenue in the off-season. From pop-up events, to targeted promotions, let's work together to reduce Drumheller's tourism seasonality.

Wednesday, October 12

Branding: Developing Your Identity

Branding is more than a logo – it's who you are as a business. In this session, we'll talk about how customers perceive businesses, how to create the identity you want, and how to communicate that message, so your potential customers make the same connection.

Marketing Plans for Success

Join us as we review the elements of a marketing plan and why it's important. From there, we'll dive into other sub-plans for social media and content to create a solid strategy for success.

Wednesday, November 9

Social Media & Design 101

How many of us are making the most out of our social media? Let's look at some best practices for Facebook and Instagram and how to use free design tools like Canva to create engaging social media content.

Show and Tell: How to Create Strong Content

Capitalize on your expertise by sharing stories and connecting with others in your field. Learn how to boost your traffic and conversions necessary to growing your business.

Wednesday, January 18

Navigate the Website Development Process

Your strongest marketing tool is your website. Together we will walk through the list of considerations when planning your website and how to maximize this valuable tool in the long-term.

Developing Repeat & Loyal Customers

Target specific customers and deliver relevant content to the right people. Keep customers up-to-date and engaged with new products and happenings at your business.

Wednesday, February 15

Digital Marketing & Metrics

Do you know the different types of paid digital media and how to use them? What should you budget for these campaigns? How do I know if these campaigns are working? These are some of the questions we'll discuss as we explore the world of digital marketing.

Accessible Attractions

Make your workplace an inclusive environment for visitors and staff. As a business operator in Drumheller has the community been open and welcoming to you? Together let's study how we can be more open and accommodating to all individuals and write a welcoming story for every visitor.

Price: Partners \$15; Non-partners \$30

Travel Drumheller Partnership: \$126

All workshops will be at the Badlands Community Facility from 10am to 12pm and include a light lunch at the end.

Click Here to Register

For more information, call Heather at 403-821-1596 or email admin@traveldrumheller.com



Education For Adults

New to Canada? Need help improving your English?
No problem!

We can help you with speaking, reading, writing, and listening to the English language!

We also help with the: IELTS, CELPIP, LINC ONLINE, & preparing for the Citizenship Test!

**IT'S FREE
IT'S PRIVATE
IT'S CONFIDENTIAL
AND IT WORKS!**

Already a Canadian? Wanting to upgrade your basic skills or obtain your GED? We can help!

We can help you increase your Reading, Writing, Math, Social Studies, and Science!

We will customize an education plan that meets your needs and goals. We'll even include the books and resources, too! If learning is hard for you, let us find a way to make it easier.



Job Seekers,

Help is here!

One-on-One Employment Services

Ask about our Government of Alberta funded service

One-on-One Employment Services

No cost, individualized services to help you gain valuable workplace skills that will assist you to connect to the job you want!

Program Services include:

- Employment Readiness Supports
 - Career Guidance/Exploration
 - Resume & Cover Letter Development
- Personal Supports and Life Skills Coaching
- Funded Training Opportunities
- Direct Job Placement Services
- Job Maintenance Supports

For more information contact:
MH Enterprises Employment Services

403-823-6934

1-877-823-6934 (toll-free)

90 3rd Ave E – 4th Floor

Drumheller, AB

info@drumhellerjobs.com

www.drumhellerjobs.com